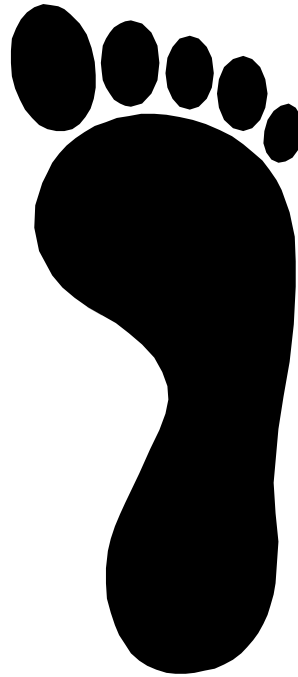
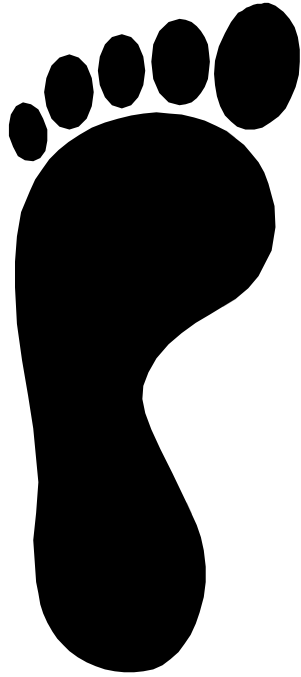


field camp



human

mtu

By meeting as a large group at the start and end of every day, participants are able to grow together in their understanding of God and His work in Kenya! The following provides you (the leader) with a means of introducing the day's events, as well as a way of ending each day on a high note. Don't feel limited by what is presented here – but instead use it as a springboard from where to start your adventure. For ideas on fundraising, decorating, and rotation schedules, please refer to the “**leader information**” (monkey) in this packet.

Day 1: Opening Session

Leader: “Habari! Ninaitrwa (your name). Nimefurahi kukujua! I just said ‘Hello! My name is (your name). I’m pleased to know you!’ in Swahili, one of Kenya’s national languages. That’s right, you are now on Safari in Kenya. This week we are going to travel to different places around Kenya and learn lots of interesting things and meet lots of interesting people. Are you ready? (Wait for response – try to get participants excited.) Yeah! Let’s get started! I need all of you up and onto your feet, so that we can learn a chant that comes straight out of Africa!”

Walking Through Kenya

NB: you will need pictures or stuffed animals of the following – lion, cat, dog, elephant, giraffe and zebra. This chant is done in a “repeat after me” style, with the italics being the large group’s echo.

Walking through Kenya,
Walking through Kenya,
What do I see?
What do I see?
I see a simba (show picture of lion),
I see a simba,
Looking at me!
Looking at me!

Repeat the whole rhyme, replacing simba with the following animals in turn (and showing a picture each time): paka (cat), mbwa (dog), tembo (elephant), twiga (giraffe), punda-milia (zebra). (adapted from www.canteach.ca)

Leader: “Great work! Grab a seat back on the floor, because now I’m going to help you find your Safari Guides and the rest of your group. Your Safari Guides are going to lead you around to various stations each day (divide large group into their rotation groups). Ok, you are now off to your first station. I’ll see you all back here at the end of our day!”

Day 1: Closing Session

Leader: “Habari! Welcome back! How was your first day in Kenya? Exciting, no? I know you got to meet my friend Wayua today – doesn’t she have an amazing story? Each day, as we learn more from our Kenyan friends, we are going to do something to help them. We are going to fundraise for (insert what project you are raising funds for, and explain it briefly to the group). This is going to start today! Are you ready for your first challenge? (Get kids to cheer and introduce your first fundraising challenge.) Now before you all head home and get to work on this challenge, let’s do another Kenyan chant. Ready? (Get group to cheer.) Up on your feet!”

Lions Roar!

NB: this chant is done in a “repeat after me” style, with the italics being the large group’s echo.

Lions roar,
Lions roar,
Eagles soar!
Eagles soar!
Snakes slide,
Snakes slide,
Eagles glide!
Eagles glide!
Lizards crawl,
Lizards crawl,
Jackals call!
Jackals call!
Monkeys leap,
Monkeys leap,
Snails creep!
Snails creep!
Ants heap,
Ants heap,
Fledglings cheep!
Fledglings cheep!
Birds sing,
Birds sing,
Wasps sting!
Wasps sting!
Panthers stalk,
Panthers stalk,
People talk!
People talk

(adapted from www.canteach.ca)

(After chant, allow children to meet up with their parents/guardians and head home)

Day 2: Opening Session

Leader: “Habari! Hello! I’m so glad you’ve come back to join me on our Safari through Kenya! Tell me, how did your challenge go last night? (Wait for participants to provide some answers.) I’m so glad! Your Safari Guides will collect your money when you break off into your groups. But before you get going, I think we should sing a little song, what do you think? Everyone, up on your feet!”

We are Christians

NB: to the tune of “Everywhere we Go,” sung in a “repeat after me style,” with the large group’s part in italics. For more fun, increase the volume each time through.

Everywhere we go,
Everywhere we go,
People always ask us,
People always ask us,
Who we are,
Who we are,
So we tell them,
So we tell them,
We are Christians!
We are Christians!
And if they can't hear us,
And if they can't hear us,
We shout a little louder!
We shout a little louder!
(repeat song, louder!)

Leader: "Great singing! Now get out there and explore with your Safari Guides, and I'll see you back here at the end of the day!"

Day 2: Closing Session

Leader: "Welcome back to Field Camp. So tell me, who did you meet today? (Wait for answers) Oh, isn't she such a fantastic kid? I really loved getting to know her, and I hope you did too. So who's ready for our next challenge? (Get kids to cheer, and give them their next fundraising challenge. You may wish to remind the group what it is they are fundraising for.) "So before you leave for the day, let's sing another African song? This one is about something that Kenyan's pray for during the hot, dry season: rain! Everyone, up on your feet!"

Rain Song

NB: this song has actions/sounds, that are as follows: chapha – snapping fingers (sound of falling rain), and gqum – stomping feet (sound of thunder). It is sung in a "repeat after me" style, with the large group's part in italics.

It's raining, it's raining!
It's raining, it's raining!
Chapha, chapha, chapha!
Chapha, chapha, chapha!
My clothes are getting wet!
My clothes are getting wet!
Gqum! Gqum!
Gqum! Gqum!
There's the thunder!
There's the thunder!
My clothes are getting wet!
My clothes are getting wet!
(adapted from www.canteach.ca)

(After chant, allow children to meet up with their parents/guardians and head home)

Day 3: Opening Session

Leader: “Habari! Unakwenda wapi? Oh, so sorry, I’m getting so used to speaking Swahili I keep forgetting that you are still learning. Hello! Where are you going today? Do you know yet? Do you know who you’ll get to visit? I do, and I know you are going to like him, because David is another great kid from Kenya. In fact, some of you remind me of him. So tell me, how did last night’s challenge go? (Wait for answers.) I’ve been hearing from your Safari Guides and they’ve been telling me excellent things about each one of you. Before we head out on another amazing adventure, I have a Kenyan poem I want to share with you. Are you ready?”

Where is the Rain?

NB: read this poem to your group. You may wish to have Safari Guides help to act out what is happening, or divide the poem to be read by different people (i.e. narrator, elephant and a giraffe).

The giraffe and the elephant went for a walk.
They stopped in some shade and started to talk;
“I wish it would rain,” said the giraffe with a sigh.
“I’m tired of watching the clouds pass us by!”
“Yes,” said the elephant, “Where is the rain?”
“I wish I could eat fresh green leaves again.
“The sun is so hot and the land is so dry;
“When will the rain fall from the sky?”
Later in the day the sky turned grey,
And the flying ants flew about to say,
“The rain is coming! We smell it in the air!
“And in the distance, thunder we hear!”
The giraffe and the elephant looked up at the sky,
And head the black eagle give forth his cry,
“The rain has come, the rivers will flow;
“The dry season is over, now the green grass will grow!”

(from www.canteach.ca)

Leader: “All right, thanks everyone! We’ll see you back here at the end of the day – have fun!”

Day 3: Closing Session

Leader: “Well, I don’t know about you, but this hot sun is starting to get to me! Africa seems like worlds away from (say your town/city name). Tell me, what did you think of David’s story? (Wait for answers.) I’m sure you are all learning so much. What’s one thing that’s been really interesting for you so far? (Wait for answers.) Well as you all know we’ve been raising money for (say your project here) and we’ve done a great job so far, so let’s get ready for your next challenge! (Get kids to cheer, then explain the next fundraising challenge.) Before you go today, I thought we’d go back to our chant from day one. Everybody ready? Let’s do the “Roar!”

Leader: See Day One (page 3) for Lions Roar!

Leader: “Thanks for doing such a great job so far this week. Have fun at home tonight, and good luck with your challenge. We’ll see you again tomorrow for another Kenyan adventure!”

Day 4: Opening Session

Leader: “Good morning, everyone! I hope you are ready for another exciting day out here in Kenya. Today we’re going to be hearing Nzuki’s story. It’s a good one, and I’m so certain that you are going to like her. How did your challenges go last night? (Wait for answers.) I know that our friends in Kenya are going to be so thankful for all of your hard work! Good job! Now, before you head out with your Safari Guides, how about we do a chant? Let me tell you, things here at the field camp are getting pretty dry, so I think we need to do the rain chant. Up on your feet, let’s sing for rain!”

Leader: See Day Two (page 4) for Rain Song

Leader: “All right – head off with your Safari Guides, and I’ll see you back here at the end of the day!”

Day 4: Closing Session

Leader: “I can’t believe it’s that time already. Is it just me, or does our time in Kenya seem to be slipping away very quickly? I’ve been having so much fun here, how about you? (Wait for answers.) Tell me, what did you learn from Nzuki today? (Wait for answers.) Wow! That truly is amazing! Now, I’m going to give you your next challenge for our fundraising goal, are you ready? (Get kids to cheer, then give next challenge.) By now all of you know that I can’t let you get out of here without a chant or song. So get up and get ready, because we’re going to do “We are Christians” one more time!”

Leader: See Day Two (page 4) for song, We are Christians

Leader: “Great work guys! Do us proud on your challenge tonight, and we’ll see you tomorrow!”

Day 5: Opening Session

Leader: “I can’t believe it. It’s been tano juma already – that’s five days! Today’s it, we have just one more Kenyan friend to meet and then our adventures come to an end. I don’t know about you, but I think the week has gone by much too quickly! Today, at our very last field camp meeting I’ll announce how much money you’ve raised. Because you’ve been working so hard, I’m certain it’s going to go a long way to help out. But before you head out, let’s do “Walking Through Kenya” one more time. So, get up and chant.”

Leader: See Day One (page 2) for chant, Walking Through Kenya

Leader: “Great work! I’ll see you back here at the end of the day. Have fun!”

Day 5: Closing Session

Leader: “Saa ngapi? What time is it? It can’t be the end of our safari already? So, what have you most enjoyed this week? (Wait for answers.) I’ve enjoyed all that too, but now I have some great news. Are you ready to find out how much you’ve raised? (Get kids to cheer, then give total.) Big round of applause for everyone (have kids and leaders clap). Before we do our last chant, there are a couple of things you need to remember. First, don’t forget to pick up all your crafts and activities before you go. Second, stop by our “Lost and Found” and make sure you haven’t forgotten anything. And finally, thanks so much for joining us on this adventure, it’s been great journeying through Kenya with you! So, what chant do you want to do? (Have kids pick a chant. After chant, allow children to meet up with their parents/guardians and head home)