

HUNGER MATTERS

CBM is working in three areas of the world that demand particular attention because of the prevalence of hunger:

SUB-SAHARAN AFRICA – Farming with families in rural areas of Rwanda, Kenya, South Sudan and the Democratic Republic of Congo

SOUTH ASIA – Innovative conservation agriculture and nutrition projects in rural areas of India

MIDDLE EAST – Food assistance to Syrian refugees and displaced people.



CBM IS COMMITTED TO ADDRESSING HUNGER AND MALNUTRITION.

You can help support projects that range from emergency food assistance to longer-term food security and nutrition programs. Today, on CBM Sunday, you can stand in solidarity with the world's hungry people. Give some of the "first fruits" of your labour, to help more children and families have nutritious food and a healthy start in life.

Poverty is one of the biggest causes of hunger. It's a lethal, intertwined chain as hunger can lead to malnutrition and sickness that reduces people's ability to learn, work, and lead productive lives.

You can help break the chain today.

Be inspired by the example of Naresh and Kumari.

As part of your Christian witness, share your concern for the hungry in our world today.

Thank you for your gifts of compassion.

CBM Sunday

In the event that this project is oversubscribed or where local conditions prevent implementation, CBM will direct your donation to where it is most needed.



cbmin.org

Canadian Baptist Ministries 7185 Millcreek Drive · Mississauga · Ontario · L5N 5R4

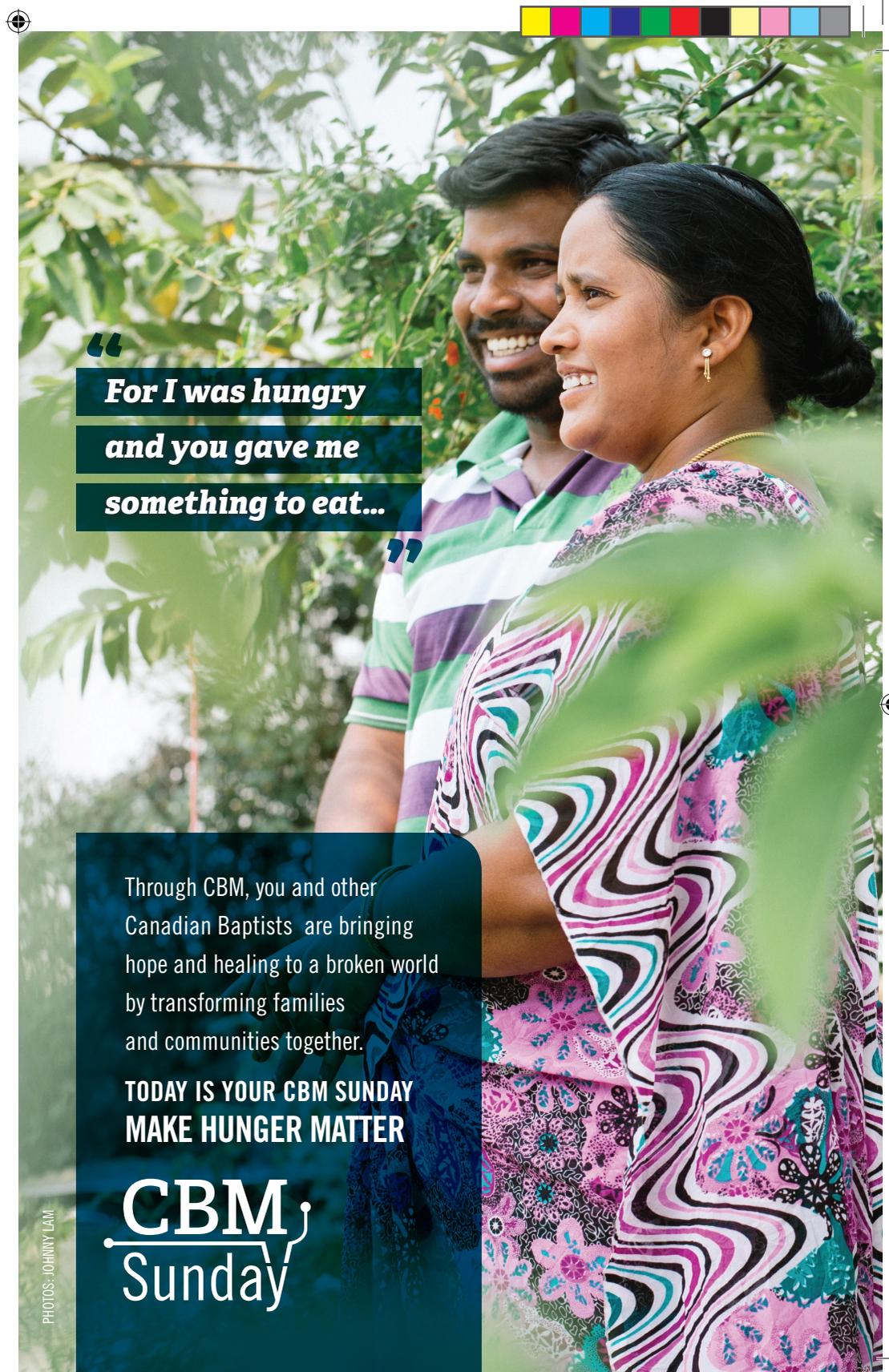
TEL: +1.905.821.3533

FAX: +1.905.826.3441

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Through CBM, you and other Canadian Baptists are bringing hope and healing to a broken world by transforming families and communities together.

**TODAY IS YOUR CBM SUNDAY
MAKE HUNGER MATTER**

CBM Sunday

PHOTOS: JOHNNY LAM



As God's people, we are rooted in the understanding that all people are created in his image, and should enjoy the abundance he offers. **Yet sadly, 1 out of every 9 people in our world does not get to share in that abundance.** They feel the powerlessness of being unable to feed themselves and must watch their children suffer the long-term effects of chronic malnourishment.

The Apostle Paul, in the first century, wrote to the network of house churches in Corinth about solidarity in service to sisters and brothers in Judea. Poor harvests had spiked food prices in Jerusalem and members of the Christian community were vulnerable in this time of scarcity. Paul urged congregational members in Corinth to contemplate the example of Jesus who became poor so that they might be rich. He proposed the concept of a fair balance that could exist between those in need and those who enjoyed security. The collection of funds from Christian congregations involved ordinary people in an act of generosity, compassion and solidarity.

On CBM Sunday, you can stand up and act on behalf of the world's hungry. We as Canadian Baptists have a long history of advocating on behalf of the global poor. We believe that there is something morally wrong in tolerating widespread hunger as inevitable and unpreventable. Our faith challenges us to respond with compassion and do our utmost to help so that others may simply live.

MEET NARESH AND KUMARI



My name is Naresh and this is my wife Kumari. We are nutrition volunteers and attend monthly training meetings to help others in our village. At our last training we learned about moringa, beet root, carrots, and other mineral rich foods.



CBM SERVES IN INDIA

INDIA HAS ONE OF THE WORLD'S HIGHEST MALNUTRITION RATES AMONG CHILDREN. NEARLY 40% OF CHILDREN UNDER THE AGE OF FIVE ARE STUNTED - CHRONIC MALNOURISHMENT OVER A LONG PERIOD OF TIME.



"Poor nutrition in the first few months of a child's life can lead to stunted growth, which is irreversible and associated with impaired cognitive ability and reduced school and work performance," (UNICEF)



NEARLY HALF OF ALL DEATHS IN CHILDREN UNDER 5 ARE ATTRIBUTABLE TO UNDERNUTRITION. THIS TRANSLATES INTO THE UNNECESSARY LOSS OF ABOUT 3 MILLION YOUNG LIVES [WORLDWIDE] A YEAR.



In one of the regions of India most affected by malnutrition – where over 50% of children are anemic – CBM supports a food security and nutrition program. We have helped over 1,000 families in 36 villages grow organic rice and start kitchen gardens for a healthier, balanced diet. We also support health awareness campaigns, vital medical care and testing (including immunization for children), nutritional supplements and affordable medicine.

I was concerned about my wife's health. She was very weak and learned that she has a low hemoglobin count (an indicator of anemia). The staff told her to eat moringa leaf. They gave us vegetable seeds and fruit tree seedlings to plant a garden. My wife started to eat moringa and her health has improved.

We are happy that our vegetables are chemical-free. We learned to crush neem leaves and spray it on our plants, as well as use ash from the cooking fire and animal manure on our soil. It's a blessing to have an organic garden at home.

We gave our first crop to the church. We also gave some vegetables to our neighbours and still had lots of eggplant, tomatoes and okra left to sell. They were very happy that we shared with them and want to try what we are doing. We will help our neighbours in the community to plant their own gardens.

● Learn more at cbmin.org

