

A Prayer for the Worshipper Weary from Work

Lord,

As I enter into your house today, I confess that I am tired and burnout. While I desire so desperately to meet with you, my work has left me wanting to be away from people and away from anything that may demand something more of me.

The grind of my daily tasks is catching up with me. My mind, soul, heart, and body don't have much more to give, and there is no break in sight.

But I know that you Lord, the Creator of my very being, know me inside and out. You have seen me this week in my work and have seen me when I get home and have nothing left to give.

I pray today as I meet with you in *your home*, that my mind may be re-centered, that my soul may be refreshed, that my heart may be enlivened, and that my body may find rest.

I give you praise that you see me in my weariness and that you respond to my cries.

I surrender now to your good plans for me this morning and this week.

I pray this in the name of the One who ever sustains me and ever leads me,
Amen.

Written by: Jared Cook